

STARTERS

Served from 12pm to 4pm Daily.

Homemade Soup (v) £5.75*

Fresh homemade soup of the day served with fresh bread.

Prawn Cocktail £7.95*

King prawns in a rich Marie Rose sauce with dressed mixed leaves & fresh bread.

Tempura Battered King Prawns £7.95

King prawns in a light tempura batter, with a sweet chilli dipping sauce and salad garnish.

Creamy Garlic Mushrooms (v) £7.25*

Mushrooms pan fried in garlic, thyme, and cream. Served over toasted ciabatta with a salad garnish.

Baked Camembert (v) £7.75*

Whole mini camembert, oven baked with rosemary olive oil. Served with a cranberry dipping sauce and crispy ciabatta.
 (Please allow 10 minutes cooking time)

Crispy Salt & Pepper Squid £7.50

Squid in a crispy salt & pepper coating with an aioli dip and salad garnish.

HOUSE FAVORITES

Served from 12pm to 4pm Daily.

Chicken, Ham & Leek Pie £15.95

Chunky chicken, home cooked ham and sauteed leeks all bound in a creamy cheese sauce, topped with a puff pastry lid. With mashed potato and fresh vegetables.

Creamy Garlic Mushroom Chicken Breast £15.95*

Chicken breast chargrilled and finished with a garlic, cream, and mushroom sauce. With herb buttered new potatoes and vegetables.

Roasted Vegetable Lasagne (v) £15.95

Roasted vegetables layered with pasta, tomato sauce, bechamel sauce. Topped with cheddar and parmesan cheese. Served with salad and garlic ciabatta bread.

Ham, Egg & Chips £13.95*

Home cooked ham with chunky chips, coleslaw and two fried eggs.

All Day Brunch £11.95*

Two bacon rashers, two sausages, mushrooms, tomato, beans, fried egg, and chunky chips.

Cumberland Sausages & Mash £14.95*

3 chargrilled Cumberland sausages served over creamy mashed potato. With peas, onion rings and smothered in a rich onion gravy.

Meat Free Sausages & Mash (v) £14.95*

3 meat free sausages served over creamy mashed potato. With peas, onion rings and smothered in a rich onion gravy.

FROM THE SEA

Served from 12pm to 4pm Daily.

Dressed Crab Salad £15.95*

Dressed crab with mixed leaf salad, lemon mayo and herbed new potatoes.

Breaded Scampi £15.95

Tartare sauce, chunky chips, peas, or mushy peas.

Fisherman's Gratin £16.95*

A mix of salmon, white fish & prawns in a creamy cheese sauce, topped with dill breadcrumbs and cheese and oven baked. Served with peas or mushy peas.

Haddock & Chips £16.95*

Beer battered haddock fillet with chunky chips, tartare sauce, peas, or mushy peas.

Haddock Goujons & Chips £13.95*

A smaller portion of our beer battered haddock, tartare sauce, chips with peas or mushy peas.

Crispy Seafood Platter £16.95

Tempura battered and crispy butterfly king prawns, salt & pepper squid, and cod goujons, served with an aioli dip, tartare sauce, mixed salad, and fries.

BURGERS

Served from 12pm to 4pm Daily.

The Spa Beef or Plant Burger (v) £14.95

100% Beef burger, chargrilled and served in a toasted bun, with burger sauce and salad. Served with fries, crispy onion rings & coleslaw.

The Spa Cheese & Bacon Burger £16.95

100% Beef burger, chargrilled and served in a toasted bun, with bacon, melted cheddar cheese, burger sauce and salad. Served with fries, crispy onion rings & coleslaw.

The Spa Cumberland Sausage Ring Burger £15.95

Chargrilled and topped with melted cheese, caramelised red onion chutney and crispy onion rings. Served in a toasted bun, with fries and coleslaw.

SIDES

Side Salad £3.50*

Garlic Ciabatta £4.00

Cheesy Chips £4.50*

Cheesy Garlic Ciabatta £5.00

Vegetable Selection £4.00*

Chips £4.00*

Coleslaw £3.50*

Onion Rings £3.50*

Bread & Butter £2.50*

Mushy Peas £2.50*

SPECIAL OFFER

3pm-4pm Monday to Friday

Cream Tea for two
 two fruit scones with
 cream and jam.

With unlimited tea or coffee*
 *English Breakfast tea or Americano
 coffee included

Terms and conditions apply.
 Subject to availability.

All for £10!

BREAKFAST

Served from 10am to 11:30am Daily.

The Big Breakfast £11.95*

Two rashers of bacon, two sausages, hash brown, baked beans, tomatoes, mushrooms, fried eggs, toast & butter

The Light Breakfast £9.95*

Bacon, sausage, hash brown, baked beans, tomatoes, mushrooms, fried egg, toast & butter

Vegetarian Breakfast (v) £10.95

Vegetarian sausages, fried egg, hash brown, baked beans, tomatoes, mushrooms, toast & butter

Eggs on Toast £6.95*

Choose from scrambled, poached, or fried eggs.
Add bacon or a sausage for £1.50.

Toast £1.95*

Served with butter and your choice of jam, marmalade, marmite, or chocolate spread.

Bacon or Sausage Bap £5.95*

Served with a hash brown. Add a fried egg for £1.

Baked Beans on Toast £4.95*

Toasted Teacake £3.95
Butter & jam

Warmed Pain au Chocolat £2

DESSERTS

Served from 12pm to 4pm Daily.

Cheesecake £6.95*

Please ask for today's choice.
Served with whipped cream.

Bailey's Chocolate Fudge Trifle £6.95

Chocolate fudge cake pieces drizzled with Bailey's, topped with chocolate custard, crushed Malteser's and fresh whipped cream.

Homemade Sticky Toffee Pudding £6.95*

With toffee sauce & vanilla ice-cream

Strawberry Eton Mess £6.95*

Crushed meringue combined with strawberries and fresh cream.

Warm Chocolate Brownie £6.95*

With vanilla ice-cream

Selection of Ice Cream £5.95*

Vanilla, Strawberry, and Chocolate



LIGHTER BITES

Served from 12pm to 4pm Daily.

Toasted Ciabatta

Served with salad garnish & fries.

Tuna & Onion Melt £7.95

Cheddar Cheese & Tomato £7.50

Cheddar Cheese & Ham £7.95

Tomato, Mozzarella & Pesto £7.95

Sausage, Cheddar Cheese & Onion £7.95

Brie, Bacon & Cranberry £7.95

Sandwiches

Served with salad garnish & fries.

Tuna, Cucumber & Mayonnaise £6.95*

Cheddar Cheese & Tomato £6.50*

Ploughman's (Cheese, salad, ham, and pickle) £7.50*

Prawns in Marie Rose £7.95*

BLT with Mayonnaise £7.95*

Classic Fish Finger & Tartare Sauce £7.95

Jacket Potatoes

Served with fresh mixed salad.

Tuna Mayonnaise £8.25*

Tuna & Cheddar Cheese £8.75*

Baked Beans £7.95 (Add Cheese 50p)*

Cheddar Cheese & Ham £8.95*

Cheddar Cheese £7.95*

Just Butter £6.95*

IMPORTANT ALLERGY NOTICE

All our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products, and other potential allergens due to shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. **ALL DISHES MARKED WITH AN * CAN BE MADE GLUTEN FREE (v) VEGETARIAN**



Why not visit our pub in the heart of Constable Country.

Home-cooked food, local beers and a warm welcome!

The Anchor Inn
Stratford St Mary
Suffolk
CO7 6LW

Book Online at:
www.stratfordanchor.org